



**The 19th Annual
State Meeting**

**“Let Us Turn
You on.....to the
Ohio
Association of
Cardiovascular
and Pulmonary
Rehabilitation”**

**Wednesday April 11, 2007
7:00PM — 9:00PM**

**Thursday April 12, 2007
8:00AM — 5:00PM**

Embassy Suites Dublin
5100 Upper Metro Place
Dublin, OH 43017

**Recruit
New
OACVPR
Members
and Win a
Great
Prize!**

OACVPR
c/o Glenn Feltz
Delta Psychology Center
430 S. Main St.
Urbana, Oh. 43078

The OACVPR Committee is welcoming everybody to take part in another Hometown Raffle. Gather items that are symbolic of the towns you live or work in and bring them to the state conference. Please exclude the usual T-shirts or sweatshirts from your respective programs. We will be selling raffle tickets before and during the early stages of the conference and raffling the items at the completion of the meeting.

5th Annual/ HOMETOWN RAFFLE



**Conference Committee
2007**

Wendy Batdorf

Wooster Community Hospital Wooster, OH

Michael Bichsel

Mid Ohio Heart Clinic Mansfield, OH

Reggie Case

Lake West Hospital Willoughby, OH

Glenn Feltz

Delta Psychology Center Urbana, OH

Jim Freehahn, Vendor Chair

Wooster Community Hospital Wooster, OH

Julie Klensch

Drake Center Therapies at University Pointe

West Chester, OH

Jane Laughbaum

Mercy Hospital of Willard Willard, OH

Dan Peplin

Summa Health System Akron, OH

Sue Rupert

MetroHealth Medical Center, Cleveland, OH

Dan Shook

Mount Carmel, Westerville, OH

Natasha Wappelhorst

Blanchard Valley Regional Health Center

Findlay, OH

Shelley Zimmerman, Chair

Genesis Healthcare System, Zanesville, OH

Conference Faculty

Dalynn Badenhop, PhD, FAACVPR, FACCR, FACSM

Medical College of Ohio

Barbara Berkeley, MD

Weight Management Partners, Inc.

Bari Caplan-Bolger, MA, FAACVPR

Co-Chair, AACVPR Re-Certification Committee

Pat Comoss, RN, BS, FAACVPR

Nursing Enrichment Consultants, Inc.

Jody Heggstad Hereford, BSN, MS, FAACVPR

President, AACVPR

Hereford Consulting, Inc.

Judson Laipply

TCA Entertainment

Patti McCormick RN, PhD,

President, Institute of Holistic Leadership

Patrick Ross, MD, PhD

The Ohio State University Medical Center,
James Cancer Hospital

OACVPR: Let us turn you on!

Come celebrate with us at the 19th Annual State meeting and revisit the reasons you became a cardiovascular / pulmonary healthcare professional. We work in an ever changing environment that can be incredibly exciting and stressful at the same time. Individually, this can be intimidating, but as a group, OACVPR can offer networking with others in our vocation as well as educational opportunities for learning new, innovative methods of caring for our clients. And that is just the beginning! So, turn on your passion for cardiac and pulmonary rehabilitation...attend the 19th Annual State Meeting...your meeting!

Purpose : The Ohio Association of Cardiovascular and Pulmonary Rehabilitation (OACVPR) is dedicated to the improvement of clinical practice, the promotion of scientific inquiry and the advancement of education in the field of cardiovascular and pulmonary rehabilitation for the benefit of the public and healthcare providers in the state of Ohio.

Objectives:

This workshop will enable participants to:

1. Understand and describe the breadth of current trends in cardiovascular and pulmonary medicine, rehabilitation, and research.
2. Recognize strategies for prevention of pulmonary and cardiovascular diseases and the importance of rehabilitation.
3. Discuss multidisciplinary roles in cardiovascular and pulmonary rehabilitation.
4. Understand the current status of both the regulatory and legislative paths within the AACVPR's Health Policy and Reimbursement initiatives.
5. Understand the science and practice of aerobic and resistance training used in cardiovascular and pulmonary rehabilitation patient populations.
6. Discuss strategies related to improving adherence with lifestyle changes in patients with chronic illness.
7. Understand and describe how change effects life and how we evolve from change.
8. Explore effective program initiatives.
9. Recognize the clinical implications related to exercise in special patient populations..
10. Understand and describe the effectiveness of program certification and recertification in cardiovascular and pulmonary rehabilitation.

Conference Schedule

Wednesday April 11, 2007

- 5:00-7:00 PM** Early Registration
7:00-7:30 PM Hors d'oeuvres and Cash Bar Sponsored by *ScottCare*
7:30-8:00PM ECP Presentation by *ScottCare*
8:00-9:00PM AACVPR Certification & Recertification Process
-Bari Caplan-Bolger, MA, FAACVPR Co-Chair, AACVPR Recertification Committee

Thursday April 12, 2007

- 7:00-7:50** Registration
7:50-8:00 Welcome - Shelley Zimmerman, MS, Conference Chair
8:00-9:00 Keeping Pace: Essential Priorities for Programs and Practice
-Pat Comoss, RN, BS, FAACVPR
9:00-10:00 Complimentary & Alternative Therapies for the Cardio Pulmonary Patient
-Patti McCormick, RN, PhD
10:00 - 10:20 BREAKS AND EXHIBITS
10:20 - 11:20 Aggressive Treatment of Metabolic Syndrome
-Barbara E. Berkeley, MD
11:20- 12:00 Working Together for the Future: AACVPR and You
-Jody Heggstad Hereford, BSN, MS, FAACVPR
12:00- 1:00 LUNCH AND EXHIBITS
1:00 - 2:00 "The Evolution of Dance"
-Judson Laippy
2:00 - 3:00 Exercise Considerations for the LVRS/Lung Transplant Patient
-Patrick Ross, MD, PhD
3:00- 3:20 BREAK AND EXHIBITS
3:20 - 4:20 Exercise Rx & Contraindications for the Heart Transplant Patient
-Dalynn Badenhop, PhD, FAACVPR, FACCR, FACS
4:20 - 5:00 Evaluation, Hometown Raffle, Adjournment

Continuing Education Credits:

Nursing/RRT's: An application has been submitted to the Ohio Nurses Association. Nurses/RRT's may call to inquire about contact hours.

Exercise Physiologists: Continuing Education Credit from this program will be accepted by the ACSM for certification.

* You must attend the full conference on Thursday April 12, 2007 to receive continuing education credit.

Conference Location:

Embassy Suites Dublin

1-800-EMBASSY

Cost: \$132.00/room

Please state you are attending the OACVPR meeting

Room Deadline is March 21, 2007

www.embassysuites.com

Reservations may be made through a link on the OACVPR Website!

www.oacvpr.org

Directions:

Take Interstate 270 to Exit #17A Dublin/Rt 161. Turn right (heading east) on Frantz Rd.-immediate right to Upper Metro Place. The hotel is on the right.



Registration/ Membership Application

Please print legibly

Name: _____

Home address: _____

City/state/zip: _____

Phone: _____

Employer: _____

Address: _____

City/state/zip: _____

Phone: _____

FAX: _____

Email: _____

Lunch Options Requested (please check)

Roasted Breast of Chicken _____

Pan Seared Red Snapper _____

Vegetarian _____

Meeting Fees

****Credit Cards are NOT accepted****

Conference\$150.00

Student Conference...\$50.00

Tuition includes: Annual dues of \$30.00 to OACVPR 4/07-6/08. Full registration and course materials. Lunch and break services, including early morning snack. Continuing education credit service.

~MEMBERSHIP RENEWAL ONLY~

Annual Membership.....\$30.00

Student Annual Membership.....\$15.00

Please make checks payable to OACVPR and return by April 01, 2007 to:

Glenn Feltz
Delta Psychology Center
430 S. Main St.
Urbana, Oh. 43078